Hanukkah Against Hunger

A DEDICATION FOR OUR HANUKKAH LIGHTING

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1. LIGHT THE SHAMASH, SAY THE BLESSINGS, & CONSIDER:

The shamash is the helper candle; we don't count it among the candles which represent the days of the miracle, yet our Hanukkiyah places it highest of all. We cannot complete the mitzvah of lighting the Hanukkah candles without it.

Nearly 14% of Americans—more than 47 million people—face food insecurity. One in eight Americans relies on SNAP benefits to buy their groceries. You might be someone experiencing food insecurity and if not, you probably know someone who has been carrying this often all-consuming burden unseen.

This year, we are called to **hold the struggle of 47 million people up to the light** and dedicate ourselves to resolving food insecurity, so that we may complete the mitzvah of helping to sustain those who are in need.



Barukh atah Adonai eloheinu melekh haolam asher kidshanu bemitzvotav vetzivanu lehadlik ner shel Hanukkah. **הַדְלָקת נֵרוֹת** בָּרוּךְ אַתָּה ה׳ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתִיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל חֲנֻכָּה.

Blessed are You Adonai our God sovereign of time and space who has provided us with a path to holiness through the observance of mitzvot and has instructed us to kindle the lights of Hanukkah.

Barukh atah Adonai eloheinu melekh haolam sheasah nissim laavoteinu ul'imoteinu bayamim hahem uvazman hazeh. בָּרוּךְ אַתָּה ה׳ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשָׂה נִסִּים לַאֲבוֹתֵינוּ וּלְאִמּוֹתֵינוּ בַּיָּמִים הָהֵם וּבַיְּמַן הַזֶּה.

Blessed are You Adonai our God sovereign of time and space who performed miracles for our ancestors in those days and at this time.

ON THE FIRST NIGHT ONLY:

Barukh atah Adonai eloheinu melekh haolam sheheheyanu vekiyemanu vehigianu lazman hazeh בָּרוּךְ אַתָּה ה׳ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהֶחֶיָנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

Blessed are You Adonai our God sovereign of time and space for granting us life, for sustaining us, and for bringing us to this moment.





FOR HANUKKAH RESOURCES AND HOW-TO-LIGHT INSTRUCTIONS
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2. SING SONGS & SET YOUR INTENTIONS

After lighting the candles, we sing some Hanukkah songs. This year, we invite you to include "Banu Hoshekh," written by Sarah Levi-Tanai, as a call to action.

Banu Hoshekh

Banu hoshekh legaresh beyadeinu or vaeish. Kol ehad hu or katan, vekhulanu or eitan. **בָּאנוּ חוֹשֶׁךְּ** בָּאנוּ חוֹשֶׁךְ לְגָרֵשׁ בְּיָדֵינוּ אוֹר וָאֵשׁ. כָּל אֶחָד הוּא אוֹר קָטָן, וְכֻלָנוּ אוֹר אֵיתָן.

We came to drive away the darkness in our hands is light and fire. Everyone is a small light, and together we are a strong light.

Surah hoshekh, halah shhor! Surah mipnei haor! סוּרָה חוֹשֶׁךְ, הָלְאָה שְחוֹר! סוּרָה מִפְּנֵי הָאוֹר! Fight darkness, further blackness! Fight because of the light!

Isaiah 58:10 teaches us, "If you shall pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness."

How can you emulate the light of the Hanukkiyah this year?

3. LIGHTS, LATKES, LITTLE SPINNING TOPS ... & WRITING LETTERS

After lighting the candles, take a moment to enjoy them. Bask in the glow of the Hanukkiyah, eat some latkes, play dreidel...and write a postcard.

Did you know... that 95% of food assistance comes from federal programs, compared to only 5% from charitable programs?

Join us and our partners at MAZON: A Jewish Response to Hunger in writing **one postcard each night of Hanukkah** to call for the protection of the basic needs programs that help 47 million Americans put food on their tables—or gather with family and friends for a postcard party to each write all eight postcards at once!

Together, we'll send 47,000 postcards—one for every one thousand people who rely on SNAP benefits—to the U.S. Department of Agriculture.

THIS HANUKKAH, LET'S DEDICATE OUR LIGHT TO ONE SIMPLE MESSAGE: **NO ONE DESERVES TO GO HUNGRY—NO EXCEPTIONS.**



SCAN THIS QR CODE TO SUBMIT A DIGITAL POSTCARD





SCAN THIS OR CODE

TO REQUEST BLANK POSTCARDS BY MAIL

TO WRITE YOUR POSTCARDS BY HAND



exploring JUDAISM

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