

HOW TO SHAKE THE LULAV AND ETROG



- 1** Hold the bundle in your hands. Lulav in your right hand and etrog, in your left, pitom pointing down.
Some hold that one should use their dominant hand.

- 2** Recite the blessing.

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר
קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל נְטִילַת לוּלָב:

*Barukh attah adonai, elo-heinu, melekh ha-olam,
asher kidd'shanu b'mitzvotav v'tzivvanu al n'tilat
lulav.*

Praised are You, Adonai, our God, Sovereign of the universe,
who, sanctifying us with divine commandments, and has
commanded us regarding the taking up of the lulav.

- 3** Flip the etrog back up and prepare to shake.

FORWARD



RIGHT



BACKWARD



LEFT



UP



DOWN



- 4** Shake the bundle:

